

Writing with the Trees of Childhood

8-Week Online Workshop with Julie Mariouw



Wednesdays 7-9:30pm (Eastern)

Sept 6, 13, 20, 27

Oct 4, 11, 18, 25

2023

Cost: \$290 (US)

(Payment Plan Available Upon Request)

"Trees are sanctuaries. Whoever knows how to speak to them, whoever knows how to listen to them, can learn the truth."

---Herman Hesse

In This Workshop We Will:

- Create Tree Memory Maps, accessing powerful memories of trees from childhood. This will be the raw material we will use during the workshop, & we will dialogue with these trees, asking them to share healing stories from childhood.
- Create Body Memory Maps, attempting to locate these stories in our bodies.
- Write with these stories, giving the trees a voice on our page.
- Use metaphor, the senses, polarity, & body movement in our writing.
- Share our writing aloud, experiencing the healing and increased creativity brought about through this sacred writing circle.
- Experience an increase in our writing proficiency.

"...every tree, plant, hill, mountain, rock, and each thing that was here before us emanates or vibrates at a subtle energy that has healing power..."

--Malidoma Somé

