

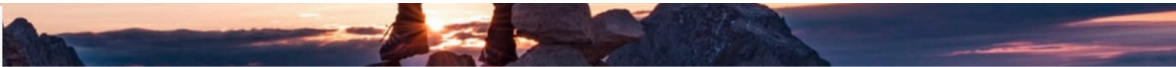


WORKSHOP LEADER

 MARY REYNOLDS THOMPSON

Mary Reynolds Thompson is the author of "Embrace Your Inner Wild" and "Reclaiming the Wild Soul: How Earth's Landscapes Restore Us to Wholeness". She is also an instructor for the non-profit TreeSisters, a facilitator of poetry therapy and journal therapy, and a certified life coach who has helped thousands of people discover and live their Wild Soul Story. She is the founder of Write The Damn Book, a program that guides writers on the heroic journey from procrastination to publication, and is a core faculty member of the Therapeutic Writing Institute in Wheat Ridge, Colorado.

Register



DATE

Oct 13 2020  
- Nov 10  
2020



TIME

Five Tuesdays October 13-November 10 at 1-2:30pm  
EDT  
REMEMBER TO CONVERT IF YOU ARE NOT ON EASTERN TIME  
1:00 pm - 2:30 pm



COST

\$125

# Mary Reynolds Thompson: Untame Your Story; Rewild Your Life: A Five-Part Memoir Writing Class

Watch [Mary Reynolds Thompson's video invitation to this course](#), and check out her free recorded program [The Wild Scribe: An Introduction to Nature Journaling](#)

Recordings will be available to registered participants for a limited time and with sharing restrictions.

What story are you living?

The stories we tell about ourselves and our lives shape the way we live, think, and dream. During this five-part memoir online workshop, you will take back your life by composting the tired and tame stories and seeding them with vibrant and resilient new shoots. As you untame your story, you will learn how wild and wondrous your life can be.

Guided by Mary Reynolds Thompson, author of *Reclaiming the Wild Soul: How Earth's Landscapes Restore Us to Wholeness*, you will discover a way of writing about your life that illuminates the deep mysteries of your soul and points you toward your unique destiny. Mary is an award-winning writer, facilitator of poetry and journal therapy, and a pioneer in the emerging field of spiritual ecology.