

Writing with the Language of the Wetlands

An Afternoon of
Creativity, Connection & Healing



Saturday, June 17

1 - 6pm (Eastern)

2023

Chelsea, MI (new home of Wellspring)

Cost: \$150 (USD)

(Address will be sent after registration & payment)




"and your very flesh
shall be a great poem..."

----Walt Whitman



In This Workshop We Will:

- write together, **creating** mind & body maps **of** places within us **that** need to be healed.
- **pick two of these places &** cluster them **on the page**, also attempting to locate them in our bodies.
- **walk across the wetlands & out onto the trail, handing our stories to the landscape.**
- partner with nature, **letting its silent voice** open & heal us.
- bring back **the material we were given on the walk and open it up by writing with** metaphor, polarity, the senses **&** our bodies.
- read **our writing aloud to each other & experience the healing that occurs in our** sacred circle.
- **benefit from the increase in our imaginations and** creative power.



"As part of the healing that we all deserve and need, the natural world calls us to enter in and allow our grieving self to commune with what already exists there."

---*The Healing Wisdom of Africa*

Malidoma Patrice Somé

Texts I Will Use to Help Prepare:

- *Writing the Natural Way*
Gabriele Rico, PhD
- *Reclaiming the Wild Soul: How Earth's Landscapes Restore Us to Wholeness*
Mary Reynolds Thompson
- *The Spell of the Sensuous: Perception & Language in a More-Than-Human World*
David Abram
- *Body Memory, Metaphor & Movement*
Edited by Koch, Fuchs, Summa & Müller
- *Ensouling Language*
Stephen Harrod Buhner

Register for